

My Purple Cow

Have you ever seen a purple cow? Color the picture below.

Read the "Purple Cow Poem."

Make and enjoy a refreshing "Purple Cow!"

Purple Cow Recipe

Makes 5 1/2 cups.

1 quart milk

1 (6 ounce) can grape juice concentrate, thawed

Mix milk and grape juice concentrate.

Pour into glasses.

CACFP Credit: 1 cup "Purple Cow" counts as 2/3 cup milk.

Purple Cow Poem

I never saw
a purple cow,
I never hope to see one;
But I can tell you,
anyhow,
I'd rather see
than be one!
- Gelett Burgess

DAYCARE
RESOURCES
FOOD PROGRAM
FUN PAGES

