

Digestion

The picture below tells the story of how food is digested. Trace the path food takes through the human body. Then color the picture!

Mouth

Digestion actually starts in your mouth! Your teeth break food into small pieces. Your salivary glands make an enzyme that breaks down starches into a sugar called glucose.

Esophagus

Food moves from your mouth to the stomach through a long tube called the esophagus.

Stomach

The stomach muscles squeeze food to mix and break down food. The stomach adds enzymes and acid to help the process along! Food stays in your stomach for 3-4 hours.

Small Intestine

The small intestine is 22 feet long. Along the way, there are villi that stick out like fingers. These villi absorb nutrients, vitamins, and minerals from food.

Large Intestine

The large intestine is wider than the small intestine. The large intestine is 5 feet long and absorbs water. The waste that is left is called feces.

