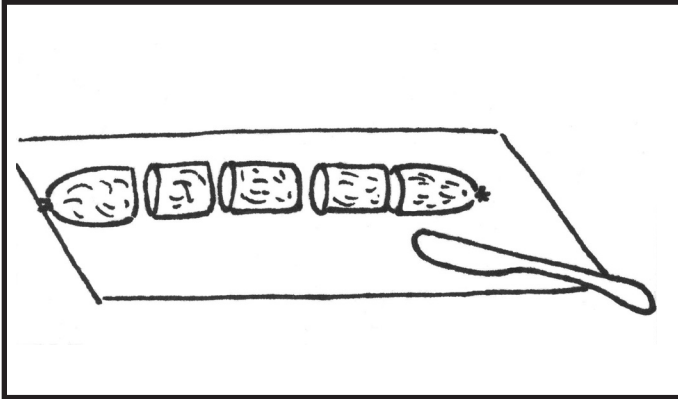


# Hobo Dinner

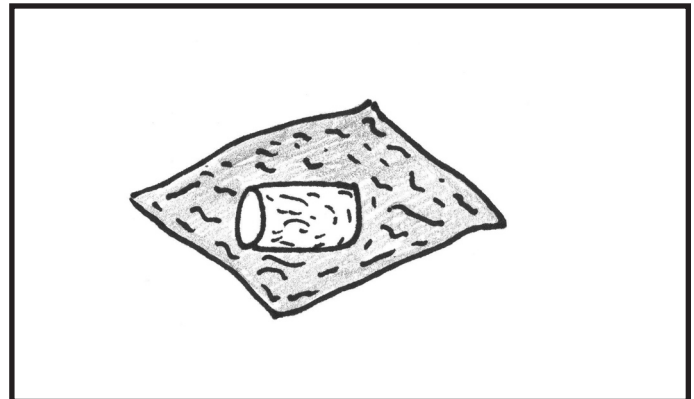
Makes 5 Hobo Dinners.

CACFP credit: Each "Hobo Dinner" counts as 2 ounces meat and 3/4 cup vegetable.

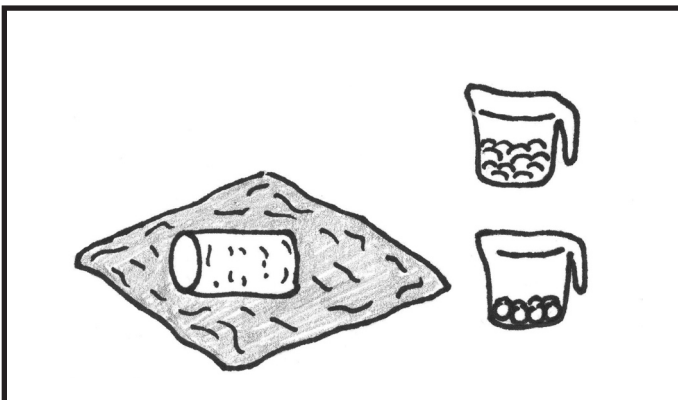
Recipe from: Caregiver Cookbook, Family Service Child Care Food Program, January 1988.



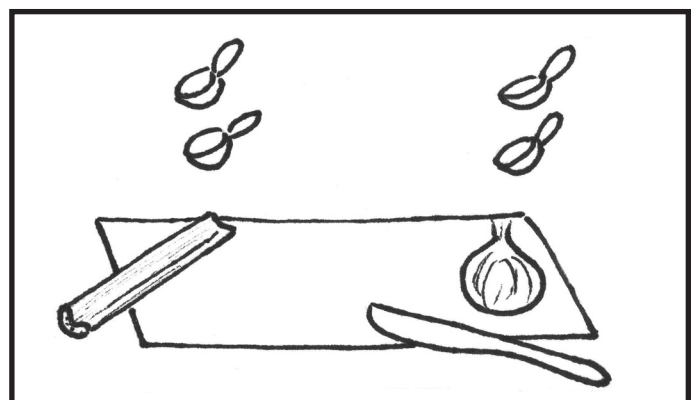
1. Cut a one pound tube of ground beef into five pieces.



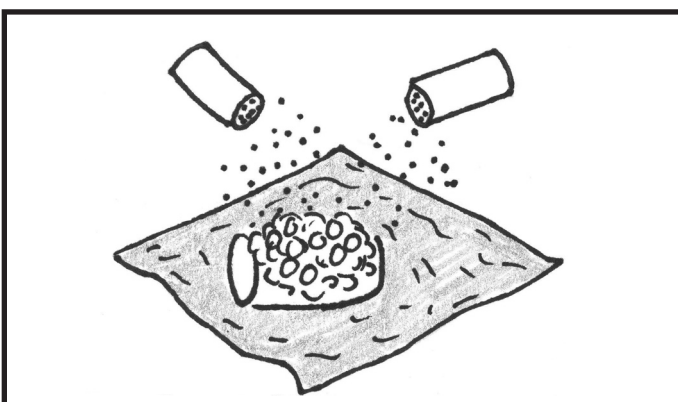
2. Place each piece of ground beef on a large piece of foil.



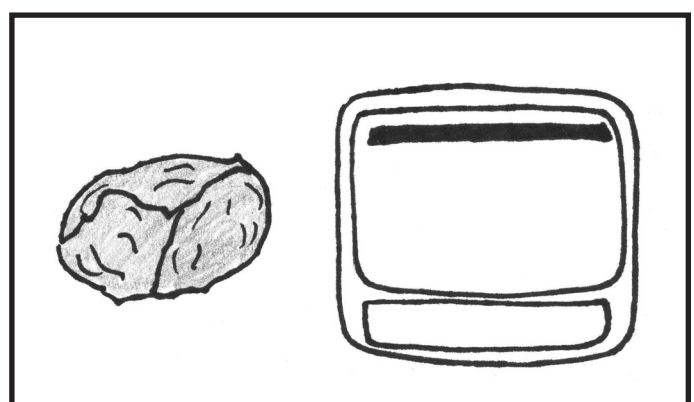
3. Add 1/4 cup baby carrots and 1/2 cup diced potato to each piece of foil.



4. Add 2 tablespoons each chopped celery and onion.



5. Sprinkle with salt and pepper. Fold and seal each packet.



6. Place on a cookie sheet. Have an adult bake at 350 degrees for 1 hour.