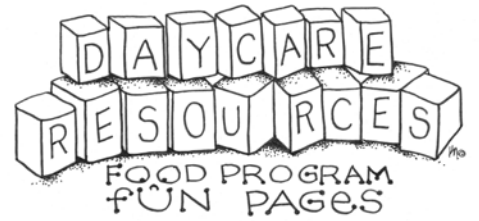


# Pumpernickel People

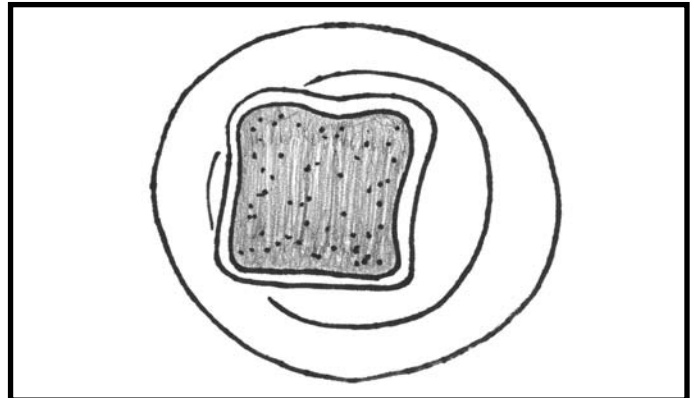
Makes 2 Pumpernickel People.



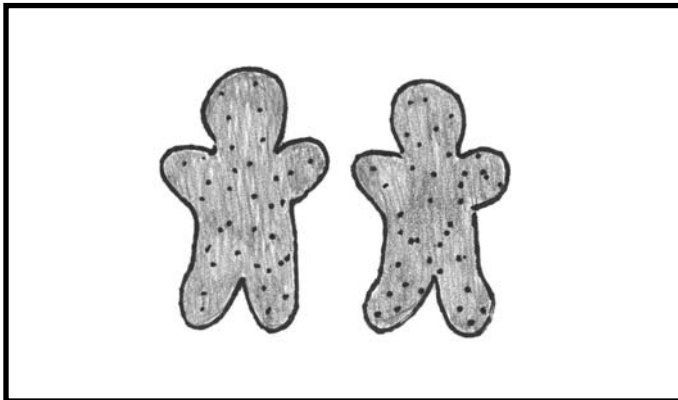
CACFP credit: 2 "Pumpernickel People" count as 1/2 bread serving.  
Recipe from: The Munchy, Crunchy, Healthy Kid's Snack Book, Roz Abisch, 1976.



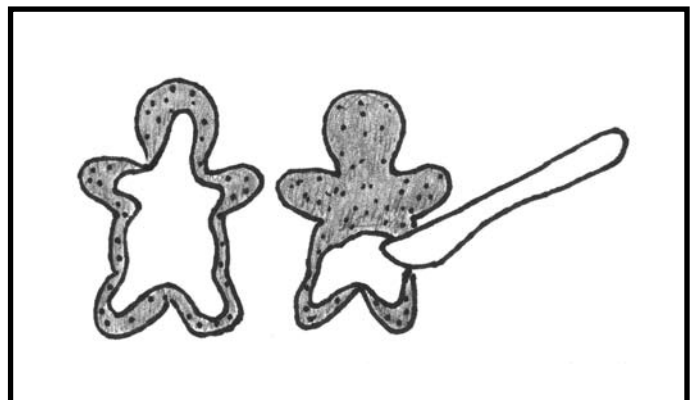
1. Find a medium gingerbread man or woman shaped cookie cutter.



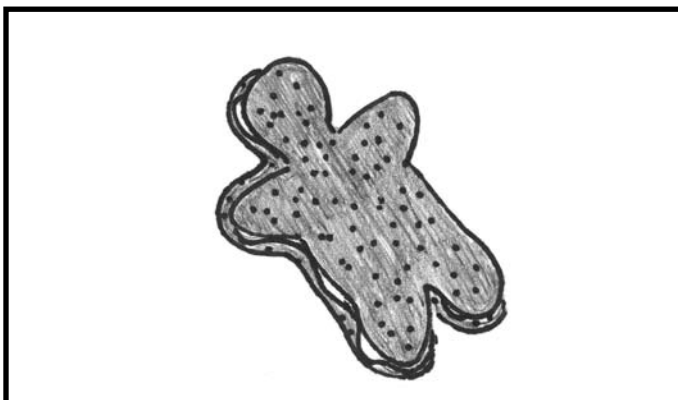
2. Place a slice of pumpernickel bread on a plate.



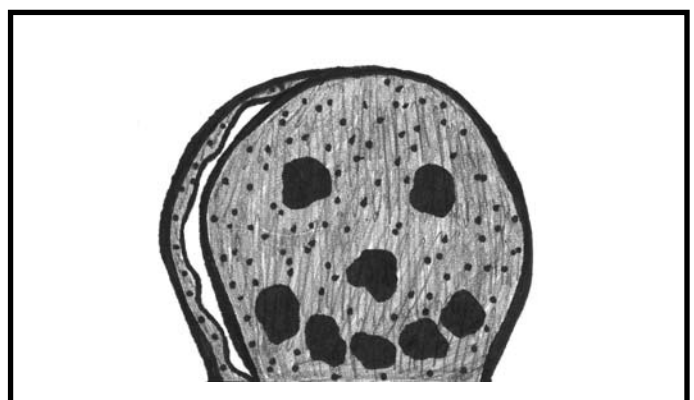
3. Use the cookie cutter to cut out 2 gingerbread shapes.



4. Cover one side of each shape with your favorite spread(s).



5. Stack the two shapes to make a sandwich.



6. Add eyes, a nose, and a mouth with raisins or dried cranberries.